

ROAD TO EMMAUS

Bible Studies



JESUS' RESURRECTION PROVES YOU MATTER TO GOD

Lesson Five: There's a Power Released for You

Road to Emmaus: Luke 24:33-49

Movie Script reference: 1340–1540

[Identify several questions to pause for deeper discussion in small groupings with a few points to share with all]

There are often times we feel powerless. Part of us feels so vulnerable and fragile. Sometimes it is in the face of others who seem to have control over us, other times it may be circumstances or personal weakness.

1. List areas of your life where you wish you could exercise more power.
2. Tell what you know of the power of King David.

God promised King David *"Your house and your kingdom will endure forever before me; your throne will be established forever"* (2 Samuel 7:16). God also promised the Old Testament people, *"The days are coming," declares the LORD, "when I will raise up to David a righteous Branch, a King who will reign wisely and do what is just and right in the land"* (Jeremiah 23:5). When angel Gabriel came to Mary, he told her that her child, *"will be great and will be called the Son of the Most High. The Lord God will give him the throne of his father David"* (Luke 1:32). God was establishing a powerful, everlasting kingdom. Isaiah seemed to see the whole story as if it had happened already. He wrote: *"A child is born for us who will be called the mighty God, the Prince of Peace."*

3. Draw as many conclusions as possible about what the following passage reveals about Jesus.

📖 Romans 1:1-4 *Paul, a servant of Christ Jesus, called to be an apostle and set apart for the gospel of God—²the gospel he promised beforehand through his prophets in the Holy Scriptures³ regarding his Son, who as to his human nature was a descendant of David,⁴ and who through the Spirit of holiness was declared with power to be the Son of God by his resurrection from the dead: Jesus Christ our Lord.*

Being king wasn't all about wielding power and authority in the way the world thinks of it. Jesus' template was different.

4. **📖 Read Matthew 20:25-28** and describe how Jesus' concept of power is different from the world.

Read the Accounts DAVID

David anointed King

- 1 Samuel 16

David and Goliath

- 1 Samuel 17

The Ark to Jerusalem

- 2 Samuel 6

David's Grave Sin

- 2 Samuel 11-12

David's Song of Praise

- 2 Samuel 22
- (also Psalms)

What most impacts you in these accounts?

God's Covenant Promise


Your throne will endure forever

- 2 Samuel 7:16

I will raise up to David a King who will do what is right

- Jeremiah 23:5

The reason many missed the fact that Jesus was King was his apparent lack of prominence and prestige as would be expected from a worldly king. Although he showed his power in miracles, many quickly lost interest. Yet some would soon begin to understand what the prophet Isaiah had been saying all along—the Messiah would not only be King, but also Suffering Servant. (See Isaiah 52:13–53:12.) As he told the Emmaus disciples, he would “have to suffer these things and then enter his glory.”


5. Describe why the powerful King David needed the kind of suffering servant Jesus had become.
6.  **Examine Psalm 51** to understand what David believed about the power of forgiveness. What effect did he expect from being restored to God?


You matter to God. During his 33 years of life, Jesus acted as your substitute by doing what you had not done. On Good Friday afternoon he acted as your substitute by undoing what you had done. Then he came alive again. If Jesus were still in the grave, what good news would there be? When Jesus sat down to eat with two disciples at their home in Emmaus, he spoke the prayer and took the bread to give to the two disciples. They immediately recognized him—thrilled he was alive. Then he disappeared.


7. Describe what you think it meant when they said, “*Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us.*”
8. After Jesus left them, what spontaneous action happened? Why?
9. How do you account for the difference in those two disciples before and after they met Christ that afternoon?

When Jesus later met with the disciples in the closed room, he clarified the call to action. He told them to stay in the city until they “*were clothed with power from on high.*” Just before he ascended he said similar words: “*But you will receive **power** when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth*” (Acts 1:8).

10. Discuss the great power you also have and what God wants you to do with it now.

 **Luke 24:47** *...repentance and forgiveness of sins will be preached in his name to all nations.*

 **2 Timothy 2:8,9** *Remember Jesus Christ, raised from the dead, descended from David. This is my gospel, for which I am suffering even to the point of being chained like a criminal. But God’s word is not chained.*

 **Romans 1:16** *I am not ashamed of the gospel, because it is the **power** of God for the salvation of everyone who believes: first for the Jew, then for the Gentile.*

Boldness & Purpose


“I want to know Christ and the power of his resurrection” (Philippians 3:10).

“For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline” (2 Timothy 1:7).

“I can do everything through him who gives me strength” (Philippians 4:13).


Luke 24

The Resurrection

 ¹On the first day of the week, very early in the morning, the women took the spices they had prepared and went to the tomb. ²They found the stone rolled away from the tomb, ³but when they entered, they did not find the body of the Lord Jesus. ⁴While they were wondering about this, suddenly two men in clothes that gleamed like lightning stood beside them. ⁵In their fright the women bowed down with their faces to the ground, but the men said to them, “Why do you look for the living among the dead? ⁶He is not here; he has risen! Remember how he told you, while he was still with you in Galilee: ⁷‘The Son of Man must be delivered into the hands of sinful men, be crucified and on the third day be raised again.’” ⁸Then they remembered his words.

⁹When they came back from the tomb, they told all these things to the Eleven and to all the others. ¹⁰It was Mary Magdalene, Joanna, Mary the mother of James, and the others with them who told this to the apostles. ¹¹ But they did not believe the women, because their words seemed to them like nonsense. ¹²Peter, however, got up and ran to the tomb. Bending over, he saw the strips of linen lying by themselves, and he went away, wondering to himself what had happened.

On the Road to Emmaus

 ¹³Now that same day two of them were going to a village called Emmaus, about seven miles ^[a] from Jerusalem. ¹⁴They were talking with each other about everything that had happened. ¹⁵As they talked and discussed these things with each other, Jesus himself came up and walked along with them; ¹⁶but they were kept from recognizing him.

¹⁷ He asked them, “What are you discussing together as you walk along?”

They stood still, their faces downcast. ¹⁸One of them, named Cleopas, asked him, “Are you only a visitor to Jerusalem and do not know the things that have happened there in these days?”

¹⁹ “What things?” he asked.

“About Jesus of Nazareth,” they replied. “He was a prophet, powerful in word and deed before God and all the people. ²⁰The chief priests and our rulers handed him over to be sentenced to death, and they crucified him; ²¹but we had hoped that he was the one who was going to redeem Israel. And what is more, it is the third day since all this took place. ²²In addition, some of our women amazed us. They went to the tomb early this morning ²³but didn’t find his body. They came and told us that they had seen a vision of angels, who said he was alive. ²⁴Then some of our companions went to the tomb and found it just as the women had said, but him they did not see.”

²⁵ He said to them, “How foolish you are, and how slow of heart to believe all that the prophets have spoken! ²⁶Did not the Christ^[b] have to suffer these things and then enter his glory?” ²⁷And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself.

²⁸ As they approached the village to which they were going, Jesus acted as if he were going farther. ²⁹But they urged him strongly, “Stay with us, for it is nearly evening; the day is almost over.” So he went in to stay with them.

³⁰ When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them. ³¹Then their eyes were opened and they recognized him, and he disappeared from their sight. ³²They asked each other, “Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?”

³³They got up and returned at once to Jerusalem. There they found the Eleven and those with them, assembled together ³⁴and saying, “It is true! The Lord has risen and has appeared to Simon.” ³⁵Then the two told what had happened on the way, and how Jesus was recognized by them when he broke the bread.


³⁶While they were still talking about this, Jesus himself stood among them and said to them, “Peace be with you.”

³⁷They were startled and frightened, thinking they saw a ghost. ³⁸He said to them, “Why are you troubled, and why do doubts rise in your minds? ³⁹Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have.”

⁴⁰When he had said this, he showed them his hands and feet. ⁴¹And while they still did not believe it because of joy and amazement, he asked them, “Do you have anything here to eat?” ⁴²They gave him a piece of broiled fish, ⁴³and he took it and ate it in their presence.

⁴⁴He said to them, “This is what I told you while I was still with you: Everything must be fulfilled that is written about me in the Law of Moses, the Prophets and the Psalms.”

⁴⁵Then he opened their minds so they could understand the Scriptures. ⁴⁶He told them, “This is what is written: The Christ will suffer and rise from the dead on the third day, ⁴⁷and repentance and forgiveness of sins will be preached in his name to all nations, beginning at Jerusalem. ⁴⁸You are witnesses of these things. ⁴⁹I am going to send you what my Father has promised; but stay in the city until you have been clothed with power from on high.”

 **Colossians 1:3-6** We always thank God, the Father of our Lord Jesus Christ, when we pray for you, ⁴because we have heard of your faith in Christ Jesus and of the love you have for all the saints— ⁵the faith and love that spring from the hope that is stored up for you in heaven and that you have already heard about in the word of truth, the gospel ⁶that has come to you. All over the world this gospel is bearing fruit and growing, just as it has been doing among you since the day you heard it and understood God’s grace in all its truth.

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